

# training awards



The Child Psychotherapy Trust was established in 1987. Its aims are to publicise the importance of a psychoanalytic understanding of child development and to widen the availability of psychoanalytic psychotherapy with children and young people so that, eventually, it will be possible for those for whom this is the treatment of choice to have it wherever they live in the United Kingdom.

The Child Psychotherapy Trust determined to raise money for the purpose of helping trainees in financial hardship during their four year training. Priority was to be given to trainees who are working outside London, in order to aid the spread of the availability of psychotherapy outside the capital, to those trainees who came from black and ethnic minority groups, to trainees with a disability and to those who were in most financial difficulty. Some scholarship awards have been specifically designated by donors to go to trainees from one of those groups.

All child psychotherapy trainees have previous work experience in another profession and almost all have to face a much reduced salary when they become trainees. At this time, and in the year before they begin their training, they have to pay for personal psychoanalysis which is a compulsory requirement.

An initiative to fund a portion of training expenses and to pay full-time trainee salaries has begun in the London region of the NHS and has been taken up in the Midlands, Kent, the South West and the North in a small way.

The Child Psychotherapy Trust Awards Committee gives scholarships to trainees who have not been fortunate enough to win an NHS funded post but whose work during their training indicates they will be an asset to the profession.

In the twelve years since the Child Psychotherapy Trust came into existence, we have made awards totalling £330,000 to 140 trainees. We are indebted to our funders.

For information on eligibility for an award, consult the Head of your Training School or Kathy Judeo at:

**The Child Psychotherapy Trust**

Star House

104-108 Grafton Road

London NW5 4BD

telephone 020 7284 1355

fax 020 7284 2755

email [cpt@globalnet.co.uk](mailto:cpt@globalnet.co.uk)

[www.childpsychotherapytrust.org.uk](http://www.childpsychotherapytrust.org.uk)